




SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-July 2023
GATHER & DINE/HOME DELIVERED MEALS 518-363-4020

Monday	Tuesday	Wednesday	Thursday	Friday
3 July 4th Special Hot Dog w/Sauerkraut on Bun Baked Beans Creamed Corn Patriotic Cake	4 Closed 	5 Orange Ginger Chicken White Rice Asian Blend Vegetables WW Dinner Roll Yogurt	6 Meatloaf w/Gravy Mashed Potatoes Mixed Vegetables Mandarin Oranges	7 Pulled BBQ Pork on Roll Red Cabbage Carrots SF Oatmeal Cookies
10 Chicken w/Curry Cream Sauce Rice Broccoli WW Dinner Roll Pears	11 Roast Pork w/Gravy Mashed Potatoes Spinach Applesauce	12 Stuffed Shells w/Meat Sauce Vegetable Trio Warm Peach Crisp	13 Chicken A La King Buttered Egg Noodles Carrots WW Dinner Roll Mandarin Oranges	14 Meatball Sub Mixed Vegetables Cauliflower Fruit Cocktail
17 Italian Sausage w/Peppers & Onions on Roll Home Fries Spinach Banana	18 BBQ Chicken White Rice Vegetable Trio WW Dinner Roll Yogurt	19 Breaded Fish w/Dijon Sauce Oven Roasted Potatoes Peas & Carrots Mandarin Oranges	20 Beef Enchilada Casserole Yellow Squash Green Beans Corn Muffin Fruit Cocktail	21 Oven Fried Chicken w/Gravy Mashed Potatoes Broccoli WW Dinner Roll Peaches
24 Chicken w/Lemon Sauce Buttered Egg Noodles California Blend Vegetables WW Dinner Roll Applesauce	25 Mushroom & Onion Smothered Beef Patty w/ Gravy Mashed Potatoes Peas & Carrots Mandarin Oranges	26 Birthday Special Chicken Salad Sandwich on Roll Coleslaw Tomato & Cucumber Salad LS Potato Chips Frosted Cake 	27 Sweet & Sour Pork White Rice Asian Blend vegetables Pears	28 Turkey Tetrazzini Stewed Tomatoes Mixed Vegetables WW Dinner Roll Fresh Peach
31 BBQ Pork Loin Oven Roasted Sweet Potatoes Cabbage Pumpkin Muffin Applesauce				

Menu Subject To Change

Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$8 fee for guests under the age of 60. Please make checks payable to: **Saratoga County Treasurer, c/o Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020**